Chair and Table Height Guidelines

Choosing the proper classroom seating can be a daunting but an important task. Jonti-Craft has meticulously studied ergonomics, human scale, and other information to provide accurate and straightforward recommendations for classroom seating. Just follow the 3 simple steps below to find the correct chair and table height for your children. The correct seating will increase comfort and concentration, and set them up for success!

1. **Use age to select seat height**

   - **Height #1** — **Sitting Popliteal**
     Defined: Height from the floor to the back of the knee while seated. To provide correct ergonomic seating, the child should be sitting comfortably with feet flat on the floor and knees bent at right angles. The correct seat height will be the measurement from the floor to the bend behind the child’s knee.

   - **Height #2** — **Table Clearance**
     Defined: Height from the top of the leg to the bottom of the table. Usually, tabletops should be 8 inches from the top of a child’s thigh, although this height might be slightly less for toddlers. When deciding on a table height, you should take into consideration the child’s overall size and build. For example, a short-waisted child will be more comfortable at a shorter table in relation to his or her seat height.

2. **Use seat height to select table height**

   - **Age (approx.)**
     - 1½ - 1
     - 2 - 8
     - 2½ - 12
     - 3 - 13
     - 3½ - 14
     - 4 - 15
     - 4½ - 16
     - 5 - 17
     - 5½ - 18
     - 6 - 19
     - 6½ - 20
     - 7 - 21
     - 7½ - 22
     - 8 - 23
     - 8½ - 24

   - **Seat Height**
     - 5”
     - 6”
     - 7”
     - 8”
     - 9”
     - 10”
     - 11”
     - 12”
     - 13”
     - 14”
     - 15”
     - 16”
     - 17”
     - 18”

   - **Table Height**
     - T
     - T
     - T
     - T
     - E
     - E
     - E
     - E
     - E
     - E
     - A
     - A
     - A
     - A

   - **Use**
     - T = 11” to 15”
     - E = 15” to 24”
     - A = 24” to 31”

3. **Find your table at www.jonti-craft.com/seating**

   This graph and chart are based on average recommendations from several sources, and should only be used as a guide. By measuring the child as directed above, you will ensure the best fit possible. If measuring the child is not practical, use this chart as a starting point. Consider whether the child’s build is bigger or smaller than other children of the same age. If you are still unsure of what size chair to order, go the next size up to give your child room to grow!
<table>
<thead>
<tr>
<th>Table Style</th>
<th>Mobile</th>
<th>A Height</th>
<th>E Height</th>
<th>T Height</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rectangle 24” x 48”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>6 chairs</td>
<td>6 chairs</td>
</tr>
<tr>
<td><strong>Square 48” x 48”</strong></td>
<td>2 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>8 chairs</td>
</tr>
<tr>
<td><strong>Round 36”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>6 chairs</td>
</tr>
<tr>
<td><strong>Round 42”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>6 chairs</td>
</tr>
<tr>
<td><strong>Round 48”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>6 chairs</td>
</tr>
<tr>
<td><strong>Square 24” x 24”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>6 chairs</td>
</tr>
<tr>
<td><strong>Horseshoe 66” x 60”</strong></td>
<td>7 chairs</td>
<td>5 chairs</td>
<td>5 chairs</td>
<td>9 chairs</td>
</tr>
<tr>
<td><strong>Kidney 48” x 72”</strong></td>
<td>5 chairs</td>
<td>6 chairs</td>
<td>6 chairs</td>
<td>8 chairs</td>
</tr>
<tr>
<td><strong>6 Leaf 60” x 60”</strong></td>
<td>5 chairs</td>
<td>6 chairs</td>
<td>6 chairs</td>
<td>8 chairs</td>
</tr>
<tr>
<td><strong>4 Leaf 48” x 48”</strong></td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>4 chairs</td>
<td>8 chairs</td>
</tr>
</tbody>
</table>

**Check out our table and chair options at [www.jonti-craft.com/seating](http://www.jonti-craft.com/seating)**